

North London

## **HOLISTIC THERAPY PRACTITIONER OF THE YEAR**

*Irina Psculkovska (Cosmoenergy World)*



Cosmoenergy World specialises in a unique cosmoenergy method, promoting self-development and self-healing for those who seek it. With two decades of experience, owner and practitioner Irina Psculkovska has devoted her career to mastering this unique method of physical, emotional and spiritual healing, enabling countless individuals to unlock holistic wellness and overcome various life challenges. She adeptly manages chronic conditions such as asthma, allergies and persistent pain, providing relief and improving quality of life. Her proficiency extends to assisting individuals experiencing perimenopause or menopause symptoms, emotional turmoil, mental health issues like anxiety and depression and spiritual disconnect.

The judges were particularly impressed by the methods and techniques used by Irina at her clinic which have been transformative for so many of her clients. The holistic practitioner's approach involves removing blockages that hinder progress and aligning clients with their higher selves, placing a special emphasis on healing the inner child, which Irina believes is crucial for personal growth and moving forward in life. This comprehensive approach ensures that her clients address their immediate concerns while also embarking on a path toward long-term wellbeing and self-discovery.



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*Irina Psculkovska excels in cosmoenergy healing, addressing physical, emotional and spiritual challenges for holistic wellness.*

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